



WORLD CHAMPION BOATBUILDER FOR OVER 40 YEARS

4737 Adams Road, Chattanooga TN 37343 (423)875-0740 Fax (423)875-4011

[www.optistuff.com](http://www.optistuff.com)

## **STARTING BASICS FOR GREEN FLEET**

### **THINGS YOU NEED TO KNOW**

- **The Course**
- **Wind Direction**
- **Find the starting line and marks**
- **Do you have to check in at the committee boat?**
- **What your starting strategy will be?**

### **FOR GOOD STARTS YOU MUST STAY NEAR THE LINE**

- **Poor starts happen when you are too far away, miss the gun & get behind**

### **STARTING**

- **10 MINUTES TO GO:** Where is the up wind mark? What is the course? What is the wind is doing? Where on the line will you start?
- **6 MINUTES:** Warning signal that the RC will soon be starting
- **5 MINUTES:** Started your watch or get ready to catch the 4-minute gun.
- **3 MINUTES:** Move near the place on the line you want to start at and find a hole. An open spot where there are not too many boats.
- **1 MINUTE:** Be 5 to 8 feet below the line defending your hole.
- **12 SECONDS:** Start building up speed. Pointed at the pin end.
- **3 SECONDS TO GO:** You should be head up to close-hauled and moving at your fastest speed.

### **AFTER THE START GUN**

- **GET CLEAR AIR**
- **TACK AS FEW TIMES AS POSSIBLE:** Every time you tack you slow down.
- **AVOID LAYLINES**